

Child Care Resource Center Training Catalog

PRESCHOOL LEARNING STRAND





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Child Care Resource Center Preschool Learning Strand

Child Care Resource Center is committed to supporting Early Care and Education professionals to reach their professional development goals. Our high-quality trainings are designed to deepen professional knowledge and strengthen the ECE field. We offer interactive and engaging sessions on topics such as child development, diversity, observations/screening, family engagement, and so much more! Trainings can be customized to fit the needs of your group.

For more information on our professional trainings, contact us at (818) 717-1042 or trainings@ccrcca.org.

Child Development and Learning

The Growing Brain - Series

In this series, participants will learn skills and strategies for supporting language, cognition, prosocial behavior, and social-emotional development. Early Childhood teachers will learn about brain development (architecture and neurobiology) to inform their practice in the classroom. The Growing Brain series will also cover how toxic stress can negatively influence the brain development of very young children and strategies to reduce stress.

Session topics include: Factors Affecting Brain Growth and Development, Communication and Language Development, Cognition and Executive Function, Social-Emotional Development, Understanding Behavior, and Everyday Play.

Child Development: Learn the Signs. Act Early.*

Participants will recognize the characteristics of developmental milestones for children ages 2 months to 5 years. Through interactive discussions, gain a better understanding of the importance of tracking a child's development to help with early identification of possible delays. Discover tools such as the CDC's Learn the Signs. Act Early. to use as a guide to understanding the development of the children in your care, as well as activities to help them reach Milestone Moments.

Play Experience

In this highly interactive training, participants will engage in creative, open-ended play experiences to learn firsthand the power of play. Teachers will deepen their understanding of the importance of play and develop the ability to guide children's learning through play experiences. Participants will also become more knowledgeable about the purposeful use of materials and intentional teaching strategies they can use to engage children in open-ended play.

Theories of Child Development

This introductory training covers the foundational theories of child development. During this session, participants will learn about the most influential theorists and their contributions to the ECE field. Participants will reflect on how these theories tie into their current practice as they gain a deeper understanding of how and why children grow, learn, and act as they do.

* Available in Spanish



Culture, Diversity, and Equity

An Introduction to Diversity, Equity, and Inclusion

Deepen your knowledge of Diversity, Equity, and Inclusion (DEI) in the early childhood setting. Through shared conversations, learn from others' experiences and enhance your understanding of each of these terms. Discover your role as an early childhood professional to support Diversity, Equity, and Inclusion in your program.

Creating Culturally Inclusive Classroom Environments*

This training will focus on the benefits of visual representations of diversity in early childhood settings. Participants will learn how to design a learning environment that supports children and families' communication in their home language and English. Identify and create visual representations that reflect the diversity of the children in your care and understand the importance of continuously assessing your practices to ensure a culturally diverse environment.

Don't Judge a Book by its Cover: A Cultural Awareness Training

Understand how your values, beliefs, and life experience influence how you care for the children in your facility. Develop a deeper understanding of the role culture plays in the interactions between you and the families you work with. Strengthen your cultural awareness to build stronger communication and bonds with the child and their family.

Understanding Anti-Bias Education*

In this interactive training, we will reflect on anti-bias education, tools, and strategies to use in the ECE classroom. Strengthen your knowledge and skills to create a classroom community that supports all aspects of human differences. Through meaningful conversations, consider your own practices and learn how to promote your own anti-bias curriculum.

* Available in Spanish



Relationships, Interactions, and Guidance

Flip It!* – Series

Flip It! Transforming Challenging Behaviors is a series aimed to teach early educators how to respond positively to everyday challenging behaviors. Participants will learn four supportive steps to help young children learn about their feelings, gain self-control, and reduce challenging behaviors. After attending these sessions, participants will walk away with strategies to use in their facility with children ages 3-8 years old.

Session topics include: Feelings, Limits, Inquiries, and Prompts

An Introduction to the Classroom Assessment Scoring System (CLASS)

Learn the basics of the CLASS instrument, domains, and dimensions. Understand effective teacher-child interactions as defined by the CLASS tool and how to use the tool to organize these interactions. See how teacher-child interactions impact children's learning and practice identifying effective teaching practices through real classroom examples.

CLASS (Classroom Assessment Scoring System) Group Coaching for PreK – Series

This structured group coaching model immerses teachers in CLASS professional development. Throughout the coaching sessions, participants will watch and reflect on real classroom videos, learn to identify and describe effective interactions in the classroom, and build skills, insights, and strategies to apply CLASS concepts to everyday teaching. CLASS Group Coaching has proven to increase scores in all three CLASS domains and has helped teachers feel more connected and supported by their colleagues.

Session topics include: Pre-K CLASS Domains, Positive Climate + Negative Climate, Teacher Sensitivity, Regard for Student Perspectives, Behavior Management, Productivity, Instructional Learning Formats, Concept Development, Quality Feedback, Language Modeling.

Social Emotional Foundations for Early Learning (SEFEL) – Series

The Social Emotional Foundations for Early Learning (SEFEL) is a professional development series aimed to empower early educators with the necessary tools to support social-emotional competence in young children. Focused on responsive caring, cultivated learning environments, facilitating social-emotional skills, and supporting children with challenging behavior, the SEFEL training series will help teachers build and grow specific skill sets.

Session topics include: Building Relationships, Creating Supportive Environments, Social Emotional Teaching Strategies, Individualized Interventions, Leadership Strategies.

* Available in Spanish

Positive Social-Emotional Development in Children*

Understand how to promote social and emotional development through appropriate expectations and knowledge of children's development. Discuss strategies to teach children how to identify, express, and regulate their emotions. Learn your role as a model to encourage positive relationships and emotional reactions. Discover free resources, books, and videos to use with the children in your care.

Supporting Children's Social-Emotional Development*

Learn how to support children's emotional development through everyday interactions and learning experiences. Understand the effects of childhood trauma, challenging behaviors, and typical social emotional development and discuss what to do if you are concerned about a child's development. Discuss the role adults play in supporting the social-emotional development of preschoolers, as well as the importance of building positive relationships at all levels. Identify characteristics of an environment that supports children's social-emotional development and gain strategies to create opportunities for social-emotional learning during daily routines and activities.

Sunshine Circles

Our Sunshine Circle training follows the Theraplay® modality of play therapy to build healthy peer relationships between young children. During this training, teachers will learn how to implement these structured play therapy-based groups in their ECE classrooms. Through Sunshine Circles, teachers will build and enhance attachment, self-esteem, trust in others, and joyful engagement in their students. Teachers will walk away with resources to maintain an emotionally positive and cognitively enriched environment.



Family and Community Engagement

Strengthening Families – Series

The Strengthening Families Protective Factors Framework is a national and international initiative aimed to develop and enhance five specific characteristics that help keep families strong and children safe. This training series introduces participants to the protective factors which will assist professionals working with children and families in promoting the optimal development of all children. During this series, participants will learn multiple strategies and everyday actions to help build on the Protective Factors in their classroom. Participants will understand what it means to work with families in a strength-based way and will learn about the critical role parents play as valuable partners in the work we do.

Session topics include: Parental Resilience, Social Connections, Concrete Support in Times of Need, Knowledge of Parenting and Child Development, and Social and Emotional Competence of Children.





Dual-Language Development

Personalized Oral Language Learning (POLL) – Series

Personalized Oral Language Learning (POLL) is a DLL comprehensive approach to systematically and fully support each Dual Language Learner. This tool enables all early childhood educators, including those who are monolingual speakers, to self-reflect on the unique teaching practices needed to fully support each child who is a Dual Language Learner.

Session topics include: Personalized Oral Language Learning Strategies, Using Intentional Messages and Songs/Chants, Supporting Young Children’s Home Language.

Sobrato Early Academic Language (SEAL)* – Series

The research-based SEAL (Sobrato Early Academic Language) Model builds the capacity of teachers to support the needs of Dual Language Learners (DLLs). SEAL powerfully develops the language and literacy skills of English Learners and all children, within the context of integrated, standards based, joyful learning.

Session topics include: Partnering with Families to Affirm & Support Children’s Languages, Cultures, & Identities, Complex Oral Language through Integrated Thematic Instruction, Making Language Visible, Tangible, and Comprehensible in the Preschool Environment, Early Literacy and Engaging Children with Text in Preschool Settings.



* Available in Spanish



Observation, Screening, Assessment, and Documentation

Ages and Stages Questionnaires (ASQ-3 and ASQ:SE-2)

Participants will learn how to administer and score the ASQ-3 and ASQ:SE-2 (ASQ: Social-Emotional 2nd Edition) developmental screening tools. Participants will learn how to use the ASQ to identify children who are at-risk or in need of additional support. Participants will also discover strategies to introduce parents to the screening tool, as well as conduct conversations around the results.

Desired Results Developmental Profile

The Desired Results Developmental Profile (DRDP) is a formative assessment instrument developed by the California Department of Education to inform instruction and program development for the benefit of young children and families. This training will help you familiarize yourself with the DRDP as a tool to assist you with planning environments, curriculum, and other learning experiences to help children achieve developmental milestones.

Getting Started with Observation and Lesson Planning

In this training, participants will understand the importance of lesson planning, choosing a lesson plan to meet the needs of the children, and respecting the families in their program. In addition, participants will be creating a weekly lesson plan based on observation and documentation gathering. Participants are encouraged to bring a lesson plan form they can use during the training that meets the needs of children in their program.

Objective Observations: Understanding the How and Why

In this training, participants will learn how to use objective observations as a guide to activity planning. Understand the why behind conducting daily observations and how to incorporate different types of observations in your routine. Through interactive activities, develop your skills in writing objective and descriptive observations.

Learning Genie Basics

During this tutorial, participants will learn how to input child observations for the Desired Results Developmental Profile (DRDP) into the Learning Genie database. Participants are encouraged to bring a laptop, smartphone, or tablet to gain hands-on experience using this tool.

* Available in Spanish



Special Needs and Inclusion

California MAP to Inclusion & Belonging: Making Access Possible - Series

This training series provides teachers with ideas for talking with families when concerns about their child arise. Participants will also learn about the California Early Start system and the services available to families of young children with special needs. By the end of this series, participants will expand their knowledge of opportunities for inclusion in the infant/toddler, preschool, and after-school programs and receive resources to enhance learning for all children.

Session topics include: Inclusion Works: Creating Child Care Programs that Promote Belonging for Children with Disabilities, Talking with Parents when You Have Concerns About a Child in Your Care, Overview of California Early Start, Transition in Early Childhood at Age Three for Children with Special Needs, Building Blocks for Teaching Children with Special Needs.



* Available in Spanish



Learning Environments and Curriculum

Environment Rating Scales Overview

During this session, participants will increase their knowledge of the Environmental Rating Scales Overview (ERS) tools. Participants will enhance their ability to provide children with quality materials and a quality environment by gaining a deeper understanding of the scale items evaluated using the ERS tools. Scale items to be explored: Physical Environment, Basic Care, Curriculum, Interaction, Schedule and Program Structure, and Provisions for Parent and Staff.

Exploring Music with Preschool Children

Define music as a creative art to use in the early childhood setting. Explore the connection between music and children's brain development and view music through various developmental lenses to discover its many benefits. Understand how to implement music activities in the classroom to enhance children's learning experiences.

Understanding The Creative Curriculum

The Creative Curriculum® is widely used in ECE classrooms. During this training, you will have the opportunity to understand The Creative Curriculum® and how to use it to support whole-child learning. You will use activities and collaborate with peers to dive deeper into the curriculum and the materials provided. By the end of the training, you will have a better understanding of how to use The Creative Curriculum® in your program.





Health, Safety, and Nutrition

CA Preventive Health & Safety*

This class is EMSA approved and meets the 8-Hour Preventive Health & Safety requirement needed to become licensed by Community Care Licensing (CCL). Training Topics Include: Prevention of Infectious Diseases, Prevention of Injuries, Lead, and Nutrition.

Child Care Disaster Preparedness*

In this training session, teachers will discuss licensing requirements and best practices for preparing for emergencies, including a review of licensing forms required after an emergency has taken place. Participants will address the different and unique needs of children and families during moments of disasters. By the end of the training, participants will understand how to create an action plan for each phase of an emergency – mitigation, preparedness, response, and recovery.

Child Care Immunization Requirements*

In this session, participants will learn California State Law and Community Care Licensing requirements on immunizations for children in care, staff, and volunteers. Discuss best practices for tracking and keeping immunization documents to ensure records are up to date. Understand the importance of effective communication with parents regarding immunizations for all children and gain resources to help parents stay on schedule with their child's vaccines.

Domestic Violence: Effects on Children*

Dive into an in-depth study on the Cycle of Violence and its effects on children's development. Better understand your role as a Mandated Reporter and how they can support families with community resources. Gain valuable strategies to use in your facility to promote emotional security and build resilience in children.

Emergency Preparedness Hacks: Real-Time Readiness for Early Educators*

In this interactive training, you will shift from the overwhelm and fear of disasters to implementing simple, easy solutions. Discuss low-cost solutions for making your environment safer for children and staff. Use your creativity to turn everyday items into disaster supplies. Discover phone apps to help you in emergencies.

* Available in Spanish

Health and Safety in Child Care Settings during the COVID-19 Pandemic*

During this training, we will discuss guidelines for social distancing within the child care setting. Identify strategies to slow the spread of COVID-19 while continuing care. Learn how to minimize the risk of spreading COVID-19 through proper disinfecting and hygiene techniques. Receive free resources to help keep yourself, children, and staff healthy during the COVID-19 Pandemic.

Healthy Food, Healthy Children*

Discuss the Healthy Beverages in Child Care Act, Licensing Regulations, and best practices for serving healthy food options in licensed child care facilities. Discover resources and guides to serving foods that contribute to children's health, growth, and development. Identify food safety practices that reduce the risk and spread of foodborne illnesses. Learn how to incorporate physical activity during the day to promote healthy habits and develop a wellness policy that addresses your facility's nutritional and physical activity goals.

Reducing Germs and Pests for Healthy Schools and Learning Environments

This course meets the Integrated Basic Pest Management for the Classroom and Office Environment and Integrated Germ Management training requirements under the Healthy Schools Act for Child Care Centers. Participants will learn more about the Healthy Schools Act (HSA) and their responsibilities to stay in compliance. Discuss strategies for keeping a clean environment free of pests, allergens, and other toxins. Discover the various forms of pesticides, including antimicrobial pesticides such as bleach, disinfectants, and hand sanitizers and understand why children are more at-risk when using these products.



Leadership in Early Childhood Education

Cultivating Leaders Within Your Own Staff

Focus on strategies and tools to successfully lead your team in the field of early care and education. Develop an appreciation for others' unique leadership skills through team building, coaching and mentoring techniques. Discover how to build professional relationships with other team members and create a space where everyone can contribute ideas. Cultivate leaders among your team and support team members to assume leadership roles.

Developing and Understanding Leadership Styles

In this interactive training, participants will develop an awareness of diverse leadership styles. Through reflective opportunities, expand your appreciation for the unique leadership skills within your team, and discover how to honor and support others in gaining leadership experience. Reflect on your leadership style and understand your role as a member of the team.

Establishing Team Culture

During this interactive training, participants will build an awareness of various personalities and perspectives. Participants will learn how to bring people together to form a team environment and strategies to maintain a team culture. Through self-reflection and discussion, participants will be able to define teamwork from a leadership perspective.





Professionalism

ECE Competencies: Strengthening the Knowledge and Skills of Early Childhood Professionals*

Deepen your professional knowledge by using the California Early Childhood Educator Competencies as an action plan for professional development. Dive into the twelve competency areas to understand the knowledge, skills, and dispositions that early childhood educators need to support young children's learning and development. Practice self-assessment and reflective dialogue to identify your position within the context of each competency area to create your plan for professional advancement.

Introduction to the ECE Workforce Registry*

Discover how to use the California ECE Workforce Registry as a powerful tool to help you track and expand your professional development as an Early Childhood Educator. Stay informed of professional development opportunities through the training calendar, where you can find and register for trainings offered throughout the state of California. Explore the Registry's features, such as managing your training registrations and pulling reports of your trainings to share with others. Learn about the Early Childhood Educators Competencies and how they are used to establish career goals.



PAUSE. An interactive Professional Development workshop

In this interactive workshop, participants will take the time to pause and reflect on all the work they do. Participants will develop their professionalism by revisiting their journey, reflecting on their why, and planning for their professional and personal growth.

The Impact of Habits and Routines

In this training, you will learn about the impact healthy and consistent habits have on our lives. Reflect on your own routines and understand how they affect your personal and work life. Create a plan of healthy habits and modify habits that are not healthy.

* Available in Spanish



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